

# The Many Faces of Resistance

## Polite Message

## Real Message

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|--|---|
| 1. Give Me More Details.....           | Even Though I Won't Use Them                              |
| 2. I Have No Time.....                 | I'm Too Busy Now <i>(and forever)</i>                     |
| 3. It's Impracticable .....            | I Feel Vulnerable   |
| 4. I'm Not Surprised .....             | I Need To Be In Control                                   |
| 5. Attack.....                         | Leave Me Alone  |
| 6. I'm Confused.....                   | I Don't Want to Deal With It                              |
| 7. Silence.....                        | If I Say Nothing Maybe You Will Change<br>The Subject     |
| 8. Intellectualizes.....               | Take the Pain Out of Deciding                             |
| 9. Moralizing.....                     | How Things Ought To Be <i>(but never will)</i>            |
| 10. Compliance.....                    | Refusing To Look At Reservations                          |
| 11. We No Longer Have The Problem..... | I'm Scared To Look At The Underlying<br>Causes.           |
| 12. Give Me The Solution.....          | Tell Me What To Do <i>(even though I won't<br/>do it)</i> |