

SELF-IMAGE ENHANCERS[©]

On Time:

- 1) The only door to the future is through the present. You can't get there by focusing on the past.
- 2) To focus on the past is safe and boring. We already know the outcome.
- 3) Boredom is a defense against further involvement.
- 4) Why do we want to kill time? It's the most precious resource we have.

On Tricking Yourself:

- 1) The problem is there is no problem -- and that's a big problem - we create problems to avoid looking at ourself.
- 2) We don't like ourself - so we focus on anything but
- 3) There is no need to be self-critical. We can get that free - from millions of insecure people looking to make themselves feel better at your expense.
- 4) Sixty percent of our waking life is taken up by our jobs - it's impact is as great on us as our family. Yet unknowingly, we seek from our jobs all our unmet needs for approval we don't get elsewhere.
- 5) We continue to replay the same non-productive roles our family trained us in over and over... with the same negative results being recreated in our careers.

On Liking Yourself:

- 1) The need for approval stops our conflicting need to change. Most of us go through our business life without direction - doing what we don't want to . If we don't like what we do - we won't like ourself.
- 2) The more we like ourself - the less we need the approval of others and the more we will change. The more we change - the more we understand ourself.
- 3) Self knowledge is the compass that *gives* direction in business. Understanding yourself makes a strong person able to weather any storm.
- 4) Understanding yourself creates a good self-image.
- 5) A Good Self-Image Leads To Success!!

Since 1978 we have helped thousands of people just like you achieve success.
We can do the same for you. Remember:

YOU ARE WHAT YOU BELIEVE YOU CAN DO!!